



WS NSW Athlete of the Year

**Seasons Greetings to ALL
From Wheelchair Sports
NSW**

**Summer Down Under
including the Oz Day 10K**

UPCOMING EVENTS:

**Sydney International Wheelchair
Tennis Open**



It has been a great time of celebration for a number of our members who have achieved some prestigious awards. At our Annual Presentation Dinner (another wonderful night and members absent don't know what they're missing!), Kurt Fearnley was awarded our 2009 Athlete of the Year. His five Marathon wins in various parts of the world in 2009 were outstanding results. The "Kokoda Kid" also took out the Honours at the NSW Institute of Sport Awards with Male Athlete of the Year. He was up against able bodied world champions in a variety of sports. Hot competition for Kurt but he proved up to it. To complete a trifecta Kurt won the Performer of the Year with a Disability at the Sydney Morning Herald Sports Performer Awards. Obviously the Australian public with their votes recognised Kurt's achievements. Also at our Dinner long term member and stalwart Nick Morozoff was recognised as a WS NSW Legend. Nick has been a member of WS NSW for 30 years in which time he has given so much back to this organisation and to those with disabilities here and in his ancestral Russia. It was fitting that Nick received this award at the Dinner as he and his family were instrumental in profiling our Dinner in the 1980's with a series of wonderful nights at Sydney's Russian Club. Hearty congratulations Nick. In the same vein our Patron Louise Sauvage OAM and David Hall OAM received the highest accolades at the NSW Hall of Champions Awards at the State Sports Centre 25th Anniversary Dinner. David was inducted into the Hall of Champions along with Dennis Carroll (Sydney Swans), Liz Ellis (Netball) and Glen McGrath (Cricket), whilst Louise was given Legend status along with tennis great Ken Rosewall. Our two great champions are now in elevated sporting company which is only right. I was delighted to attend a lunch to recognise and celebrate the achievements of the late Mike Wrublewski OAM. His contribution to Wheelchair Basketball in particular the 1998 Gold Cup (World Wheelchair Basketball Championships) was significant in that it put disability sport on the map prior to the 2000 Paralympic Games. In fact the Gold Cup was the major test event for the 2000 Paralympics. Those attending the lunch, which was hosted by ANZ Bank, included members of Mike's family, Gold Cup Committee members, Gold Cup players and current WS NSW Staff. Liesl Tesch gave a passionate speech on behalf of the wheelchair basketballers who participated in the Gold Cup. Her speech matched the passion Mike demonstrated for wheelchair basketball and its players. So there has been lots of celebrations of late involving a number of our members and friends. Just a great time to be around.

In the same spirit of celebration I wish all our members and their families, along with our friends and supporters a joyful Christmas and a fulfilling New Year.

Michael Godfrey-Roberts
President WS NSW



Wheelchair Sports NSW has completed a three year (2009-2012) Strategic Plan with KPMG. Again funding from the Motor Accidents authority of New South Wales has enabled us to utilise KPMG in this process.

The Vision and Mission of our organisation has changed somewhat from our previous plan and these are contained elsewhere in this Pushes Post. We have come up with six Strategic Goals and these are summarised as:

- Diversifying funding sources and engagement of long term community partners to ensure our financial viability.
- Increasing publicity, awareness and promotion of WS NSW.
- Retaining members after their first year and increasing membership overall.
- Refining the composition of the Board of Directors of WS NSW.
- Streamlining and integrating the day to day office systems and processes.
- Establishing transparent roles and responsibilities for staff and volunteers in order to retain quality personnel as part of WS NSW.

This current financial year we have certainly taken a hit with our fundraising. Our Major Gifts Campaign (MGC) is certainly not achieving its financial targets and on the basis of this we have had to do a budget re-forecast. A loss of \$140,000 has now been budgeted. This on top of a loss of \$156,000 for last financial year places us in an uncomfortable financial position. Small charities like us are suffering in the current financial climate.

With our fundraising we decided to mail out to all our members our Annual Christmas appeal for our Junior Wheelies Christmas Camp. It shows members the sorts of appeals we are conducting, and the good news stories about our members we are able to communicate. Thanks to those members who have made donations.

Our NSW Junior Team of 54 junior athletes at the Australian Paralympic Youth Games achieved some phenomenal results and under the direction of Yvonne Talbott (Team Manager) and staff member Jennifer Scattene (Assistant Team Manager), we brought home 61 Gold, 54 Silver and 31 Bronze medals. To the athletes, staff and parents, congratulations on what you achieved at the APYG in Melbourne.

Congratulations to Australian wheelchair basketballer Jeremy Doyle who was the face and ambassador for International Day for People with a Disability. His exposure particularly on those Sydney buses help raise the profile of Jeremy and our organisation as well as promoting the theme of the campaign 'Don't Dis my Ability'.

Our Major events in early 2010 are just around the corner and I would urge members to come along and support our wheelchair racers (including Kurt Fearnley) and wheelchair tennis players as they perform on the world stage.

Key dates for the Summer Down Under Series are Sunday 24th January (Track meet at Sydney Olympic Park) and Tuesday 26th January (Oz Day 10K in Sydney's Rocks). For the Sydney International Tennis the dates are Wednesday 3rd February to Sunday 7th February at Sydney Olympic Park Tennis Centre. Further details on these events will be forwarded to all members.

I wish all members a very happy Christmas and a successful New Year, particularly in your sporting endeavours.

Jim O'Brien
CEO WS NSW





Charity Challenge Gala Ball

The 2009 Charity Challenge Golf Gala Ball was held recently and WS NSW was one of 11 charities benefiting from the night. Over 500 people supported the night. Special thanks to **Gary Dawson** and **Matthew Laverty** for all their efforts throughout the year in organising both the Gala Ball and our Golf Day.



Jim O'Brien welcomes the CTP Tennis players to the world of wheelchair sport.

CTP Tennis Cup

Insurers **Allianz**, **NRMA**, **Suncorp** joined the **Motor Accidents Authority** and compensation law firm **Stacks Goudkamp** for the inaugural CTP Tennis Cup to help raise funds for Wheelchair Sports NSW. **\$45,000** was raised from the two day event and this will go towards the 2010 Sydney International Wheelchair Tennis Open (SIWTO). Players from Allianz were too good on the day and will now play in a final that will be held as part of SIWTO in February. A special thanks to **David Bowen** from Life Time Care & Support for inviting these companies to be involved prior to his departure from the Motor Accidents Authority. We look forward to this becoming an annual event.



Rick Engles meets an Allianz player.

Michael Wrublewski OAM

A celebration lunch was held to celebrate the life of Mike Wrublewski OAM who passed away this year. Mike was a passionate supporter of WS NSW with his major contribution being Chairman of the 1998 Gold Cup. This was the Men's and Women's World Wheelchair Basketball Championships that was held in Sydney. More recently, Mike held the honorary position as Chairman of the WS NSW Fundraising Committee. The celebration lunch was held at the prestigious boardroom of **ANZ Private Bank**. Mike was a great networker introducing the ANZ Bank to our organisation. Since this introduction the ANZ Bank has donated \$20,000 and participated in a corporate wheelchair basketball team building afternoon that was conducted by Beijing Gold Medalist and WS NSW member **Troy Sachs**.



Adam Wrublewski, Janet Naylon and Mike Wrublewski

Everyday Hero

EveryDay Hero on-line fundraising for our 2009 Junior Christmas Camp

For the first time WS NSW has invited friends, members, staff and Board to sign up to an on-line fundraising campaign to raise funds for our Junior Christmas Camp.

At this stage we have 21 team members that have raised nearly \$10,000.

If you haven't seen the fundraising page you can type in the link below to join the team or make a tax deductible donation. If you are joining the team you will be asked for a password and that it is 'wheelchair'

http://www.everydayhero.com.au/Wheelchair_Sports_NSW_Xmas_Camp_For_Kids_2009

If you would like more information on how to use Everyday hero contact Patrick Cameron on 9809 5260



WS NSW STRATEGIC PLAN 2009 - 2012 VISION AND MISSION

VISION

To enrich the lives of people with a physical disability through the participation in sport

MISSION

In order to achieve our vision, we will:

- **Provide a range of quality sporting programs and opportunities for all ages and stages**
- **Engage with our members and be responsive to their needs**
- **Build strong and strategic relationships with the community and government to ensure sustainability and promote awareness**



2009 WS NSW ANNUAL PRESENTATION DINNER

The Wheelchair Sports NSW Annual Presentation Dinner celebrating our achievements of 2009 was held at the Bankstown Sports Club on Saturday 28 November.

The night was hosted by **Doug Keen**, NSW Rugby League commentator and our own wheelchair basketballer Glider, **Tina McKenzie**. This night was an opportunity to reflect on and recognise the contributions of volunteers and reward athletes' performances for what was an event-filled 2009.

The evening's awards began with a presentation to one of our Association's Legends. Nick Morozoff was presented with a Legends Award by WS NSW President Michael Godfrey-Roberts in recognition of his contributions to WS NSW over the past 30 years. Nick has been an active member as an athlete, Board member, Pushers Post contributor, fundraiser and in recent years as a supporter of newer members with wheelchair requirements. Nick is indeed a Legend of wheelchair sports.

Congratulations to **Kurt Fearnley** the WS NSW Athlete of the Year. Throughout 2009, Kurt won 6 Marathons from 6 starts, 4 of these were in a sprint for the line. Kurt won in Paris, London (for the first time), Seoul, Sydney, Chicago and New York.

Once again, WS NSW Vice President and Quizmaster Craig Jarvis conducted the trivia throughout the evening. The Gauci family kindly donated a Minchinbury's Fruit Market voucher for the lucky door prize winner (the ever so lucky Gary Foley) and Life Member Yvonne Talbott was the "fashion police" when awarding the winning Hat in the Mad Hatters Award.

Another award winner on the night was Yvonne Talbott. "Mrs T" was awarded the Club Person Award for service to WS NSW. Yvonne is most loved and appreciated by WS NSW staff, members, volunteers, officials and parents. In particular, this year Yvonne has contributed to WS NSW through volunteering on reception (some of you might have been surprised when you called to find our beloved Mrs T manning the phones), assisting with the Strategic Plan review, volunteering on several committees including the Grants Committee, Junior Committee and the Annual Dinner Committee, and last but not least the Team Manager of the NSW Junior Team at the Australian Paralympic Youth Games (APYG). Our thanks and congratulations go to Yvonne.

Other awards winners of the night were:

Athletics Athlete of the Year	Kurt Fearnley	Rookie of the Year	Emillie Miller
Basketball Athlete of the Year	Sarah Stewart	Team of the Year	NSW Junior Team at the APYG
Junior Athlete of the Year	Michael Auprince	Volunteer of the Year	Jo Meoli
Lawn Bowls Athlete of the Year	Neville Dummett	Coach of the Year	Alan Cox
Rugby Athlete of the Year	Ryley Batt	Encouragement Award	Simon Bartlett
Swimming Athlete of the Year	Michael Auprince		
Tennis Athlete of the Year	Ben Weekes		

The raffle was also a feature of the evening with 8 prizes up for grabs including **Breville** products, **Bankstown Sports Club** Dinners, a **Peter Wynns Score** sports pack, an iTunes voucher, and some Christmas lights!

Thank you to these companies for their donations and thanks must also go to the Annual Dinner Committee for the organisation of the evening.



Our 2009 Award winners who were at the dinner. Top Left to Right: Ben Weekes; Yvonne Talbott and Doug Keen; Members of the NSW Junior Team; Bottom Left to Right: Jo Meoli and Craig Jarvis; Michael Godfrey-Roberts and Nick Morozoff; Sarah Stewart; Michael Auprince



Can you help with the following three university research projects?

1) *Physical Activity, Body Composition and Cardiovascular Disease Risk Factors for People with Spinal Cord Injury*

Heart disease is a significant health problem in people with SCI, and tends to occur earlier and be more widespread among wheelchair users than in able-bodied individuals. Therefore, the purpose of this study is to measure the amount of visceral and liver fat in people with spinal cord injury, the relationship of this fat to predictors of cardiovascular disease.

Venue: Faculty of Health Sciences – University of Sydney. You will need to attend twice, one at Faculty of Health Sciences (this visit will last about 4 hours) and one at an Imaging Clinic (this visit will last about 3 hours).

Study Description: The study involves magnetic resonance imaging (MRI) scans of your body, blood tests, and physical exertion tasks to evaluate your cardiovascular risk.

To be involved in this study, you should

- Have a spinal cord injury at C5 or below;
- Be sedentary or physically active;
- Be aged between 18-45 years

Contact: For more information, please contact Ricardo Tanhoffer on 0431 014884 or rtan9777@uni.sydney.edu.au

2) *Standing Ability after SCI*

The research team at the Faculty of Health Sciences, University of Sydney, in conjunction with Prince of Wales Medical Research Institute, are conducting an exciting project to investigate the use of strength training, supported by electrical muscle stimulation (FES), to improve the functional abilities of people with SCI.

The team are keen to hear from anyone with SCI who is interested in taking part in the study. You are eligible to participate if you are:

- Aged: 18 - 65 years of age
- Have had a spinal cord injury resulting in incomplete paralysis
- Are able to stand, with assistance if necessary, for short periods
- Have no other medical problems

You would be required to attend the laboratory at University of Sydney Lidcombe Campus for approximately 2 months, three times per week for measurement and training. Each session will take around 1½ hours. Travel costs will be reimbursed.

If you are interested, please contact Iza Tanhoffer ([02] 9351 9246) (email aldret@uni.sydney.edu.au) or Jack Crosbie ([02] 9351 9180).

3) *Sport and Active Recreation: Disability Participation & Non Participation Study*

Australians love sport and active recreation but research has shown that people with disabilities participate less than the rest of the community. We would like to know of your sport and active recreation experiences whether you participate or not. The findings will be used to review current approaches to sport and recreation and to improve access provisions.

To be part of a research study being conducted by the University of Technology Sydney for the Australian Sports Commission on the sport and active recreation of people with disabilities click on the link below:

<https://www.surveymonkey.com/s/RVNQKWJ>

Your participation in this study is highly valued whether you are participant or a not.

We are as interested in the reasons for non participation and the constraints to participation that people with disabilities face.

Those fully completing the questionnaire have the opportunity to go into a guessing competition to win 1 of 5 \$600 vouchers for Inclusive Sport & Recreation Equipment.

For further information on the equipment available, please visit www.teaching.com.au

ALTERNATIVE FORMATS or FURTHER INFORMATION

If you require an alternative format (large print, E-text, Easy English) or would like to complete this questionnaire by phone or want further information, please contact the project manager: Ryan Sherry on (02) 9514 5101 or by email ryan.sherry@uts.edu.au

HAVE YOU TRIED? 



OPEN WATER SKIING DAYS
FOR PEOPLE WITH PHYSICAL DISABILITIES AND VISION IMPAIRMENTS

Skiers with:
leg amputation
arm amputation
brachial plexus injury
arm and leg impairments
hemiplegia
spinal cord injury
paraplegia & quadriplegia
lower limb impairment of both limbs
partial or total vision impairment

When:
Sunday 8th November 2009
Sunday 29th November 2009
Saturday 19th December 2009
Sunday 14th February 2010
Sunday 14th March 2010
Saturday 17th April 2010

Where: 10am - ST GEORGE ROWING CLUB
1 LEVEY STREET, WOLLI CREEK, 2205

Cost: FIRST TIME SKIERS
\$35.00

Contact:
SHARON PATERSON
M: 0412 966 712
W: 02 8543 3023
www.openwaterskiing.com.au

Places are limited so you need to register to secure your spot.



Welcome to Rosey's Ramblings.

In this edition of RR I will provide a wrap on the great Basketball action that has occurred over the last few months but first Who am I?

Who am I?

I was instrumental in Australia playing in the gold medal match against the USA at the Beijing Paralympics where we won a silver medal. In 2009 our State Team won the National title for the fourth consecutive year where I was awarded MVP. I also completed this double award in the USA National Championships and the recent Oceania Championships in New Zealand.

In 2008 I won the NSW Sports Federation 'Team Athlete of the Year with a Disability' and was named Wheelchair Sports NSW Athlete of the Year. I am widely regarded as the most dominant player in my chosen sport, world. Who am I?. *Answer can be found over the page.*



SLAM Finals Wrap (courtesy of Betty Hassen from the Illawarra)

SLAM update. Once again our 3rd Slam Down Under Wheelchair Basketball Tournament was a great weekend. Fantastic weather (the rain came just on the final game), 1800 photo pics taken by Pastor William snapping up some memorable moments both On and OFF the court and a great carnival atmosphere were there to share with 100 wheelchair athletes "at our place" for the weekend. 10 Teams entered, 4 in Division 1 and 6 in Division 2, including 3 from Queensland and 2 from New Zealand.

DIV 1: The Bronze Medal was fought out between the NSW Juniors and Sunshine Coast, with the 'young guns' accounting for the Sunshine Coast 40-26 to take home the Bronze. The final was fought out between Illawarra and Christchurch. The 'home team' (Roller Hawks plus Sydney ring-ins Nick Taylor, Katie Hill and Jeremy Doyle) took the Gold and Christchurch the Silver. High point scorers were Brett Stibners (27), Shawn Russell (22) and for the Kiwis, John Weiser (14) and Sheldon Larson (13). MVP of the Final (voted by the Referees) was ex-Roller Hawks and current NWBL Razorback, Nick Taylor.

DIV 2: The Div 2 teams certainly had some sights to behold. NWBL Roller Hawks Coach Jim Williams wheeled-up for the eight games and NSW Juniors Coach Evan Bennett was also on wheels over the weekend. The playoff for third was fought out between Alexandria and Wellington, with Alexandria coming from behind to win with a Louis Richards shot on the buzzer.

The Div 2 Final was an Illawarra vs Rockwheelers outing with Illawarra comfortably taking Gold with a 59-32 win. Highest scorers were Joe Jankowski (12) and Jim Williams(8) and for the Rockies, Jason Holohan (14.) MVP went to Jim Williams.

The main ingredients required for an enjoyable social tournament, be that AB or WC, is to go in and play your game, without having to do duty either on the score bench or take up the whistle.

Referee Co-ordinator - BRIAN DELEVERE and his team made that possible. This is the second year that Brian has taken over this task and ALL games (45 of them) were covered with referees. In the finals, both Division 1 and Division 2, were rostered with three referees. For all of those referees who travelled from afar for the weekend and especially our regular NWBL referees Mark Flanagan, Ron Josephs and Steve Nicholls, along with Brian, a very very BIG HUGE THANK YOU. All these individuals do more than just refereeing on the weekend. They act as advisors, do MVP voting and anything else that is asked of them to make the weekend the success it is. (Thank you from Wheelchair Sports NSW to Betty Hassen, Jeanette Stutchbury and Eino Okkonen – the SLAM committee).

National Wheelchair Basketball League

Perth Wheelcats took their 5th National Title - their fourth in a row!

2009 NWBL Champions the Perth Wheel Cats were clearly the team to beat having been dominant in the league for the past four years. However, there was certainly a huge expectation that this run could be broken by a very talented and quietly confident Wheelkings lineup. However this expectation didn't come to fruition with Perth asserting their dominance early and were never headed, during a clinical display. Final score saw the Perth WheelCats 106 def the Wenty Leagues WheelKings 73.

Women's National Wheelchair Basketball League

HILLS TAKE THE Women's Wheelchair Basketball National League TITLE

The even contest tipped the Hornets way thanks to their accuracy. Despite taking the same number of shots, the Western Stars 38 per cent from the field could not match the Hornets 52 per cent. Hills Katie Hill led all scorers with 21 points, supported by veteran Liesl Tesch who bagged a 19 point, 12 rebound double. Cobi Crispin scored a team high 18 points and 10 rebounds for Perth.

The Western Stars mounted a comeback in the third quarter, outscoring the Hornets 20-10 but they could not get any closer and Hills ran out 17 points winners. Hornets 66 (Katie Hill 21, Liesl Tesch 19, Sarah Stewart 10, Stephanie Van Leeuwen 10) bt Western Stars 49 (Cobi Crispin 18, Amber Merritt 12, CALre Burzynski 6, Eileen Pedrossa-Parson 6)

Earlier the Victorian Dandenong Rangers held off the Goudkamp Gladiators 61-52 to take third place. The 18-11 second quarter to the Rangers proved the difference.

Ranger Leanne Del Toso was the standout with 29 points and an outstanding 25 rebounds. Tina McKenzie added 18 points in support while Kylie Gauci scored a team high 23 points for the Gladiators, also posting eight assists and five steals while Lisa Edmonds grabbed a double with 10 points and 13 rebounds. Rangers 61 (Leanne Del Toso 29, Tina McKenzie 18, Amanda Carter 10) bt Gladiators 52 (Kylie Gauci 23, Lisa Edmonds 10, Rebekah Meoli 8)

The WNWBL award winners were also announced at the Grand Final with Beijing Paralympians dominating the list.

See Basketball Shorts for the all results.



Basketball development expands

The hugely successful Alexandria program and the growing Sutherland program are now joined by a weekend program in Bankstown.

Learn to Play Wheelchair Basketball
BANKSTOWN

Come and try the fastest game on wheels!
All beginner to intermediate players are welcome and you don't need to use a wheelchair everyday to be able to play. Able-bodied people are welcome too so bring your family and friends along too.

Learn the basics from coach Peter Boswell and regular appearances from West Sydney Razorbacks players from the National Wheelchair Basketball League.

Bankstown Basketball Stadium
Third Avenue, Condell Park
Saturdays
9am to 10:30am \$6 per person
For details contact:

Jason Daley 0413 594 996
playballforall@yahoo.com.au

www.bankstownbasketball.net.au

Regional Ramblings

Having now travelled to Illawarra, Jun Kurata our WS NSW regional coordinator has now visited all of our regions and worked with our regional members. Jun was particularly thankful for the welcome from our dedicated and enthusiastic regional team.

To further develop our regional program and to take the 'next step', WS NSW held a regional conference on the 28th and 29th November, with all regional coordinators invited. Julie Stafford from NSW Sports Federation was employed to facilitate the conference and to lead the development of individual regional strategic plans. Leading into the final third of a regional development grant period, we are now focussing on the development of a start / re-start program in new regional areas which includes Western NSW, Canberra and Newcastle.

Jun has visited these areas and held meetings with stakeholders such as DADHC, NSW Sport and Recreation, Northcott, Rehabilitation centres and sporting organizations. He has received significant positive feedback and a willingness to support and complement WS NSW programs.

From this penetration into new areas, 2 new regional coordinators Russell West (Newcastle) and Jan Spinks (Canberra) have become members of the regional team. Both have been working hard to develop a program plan to commence early in the next year.

One final note. A special thanks to Patrick Reid and Thomas Jackson in Wagga Wagga for their coordination of a wheelchair basketball session where they coached 40 kids at the Crazy Camp, a NSW Sport and Recreation program. Great feedback has been received from NSW Sport and Recreation. Well done Patrick and Thomas!!

Quote for the Quarter

"Life is not about how many breaths we take, it's about how many moments take our breath away" – from the late Jon "Jono" Watt one of our members.

Yours in Sport!
David Rose

Who am I? Answer
Ryley Batt



Illawarra members at the development session

SPORTS UNIT CONTACTS AT WS NSW



Ask us for support!

If you are in need of assistance with coaching, finances, or development opportunities for your sport, contact the WS NSW Sports Unit. We are here to help!!

Staff Member

David Rose
Manager – Sports

William Tan
Sports Development Officer

Jennifer Scattene
Sports Development Officer

Jun Kurata
Regional Development Officer

Sports

Athlete Grant Scheme, Basketball, NSWIS Program Coordinator, Pushers Post Coordination, Member Protection Officer & Regional Development.

Athletics, Handcycling, Lawn Bowls Wheelchair Rugby, Wheelchair Loans Scheme

Juniors Development, Archery, Cue Sports, Powerlifting, Shooting, Swimming, Table Tennis, Wheelchair Tennis

Regional Program Coordinator

Contact Details

daver@wsnsw.org.au

williamt@wsnsw.org.au

jennifers@wsnsw.org.au

jkurata@wsnsw.org.au



SYDNEY JUNIOR SPORTS DAYS Multi sport come 'n' try days in the Sydney Metropolitan 2010 Junior Day Dates

- Friday 22 January Wheelchair Athletics at ES Marks Athletics Track **Time:** 10am -12pm includes BBQ
- Sunday 7 February Wheelchair Tennis at the Sydney International Wheelchair Tennis Open **Time:** 9:30 -11:30am
- Sunday 28 March Table Tennis - Moorong Tennis Courts, Royal RehabCentre, 600 Victoria Road, Ryde **Time:** 10am -12pm includes BBQ

All Junior Days are free of charge, however BOOKINGS are ESSENTIAL



MELBOURNE 2009

Australian Paralympic Youth Games

The 2009 inaugural Australian Paralympic Youth Games was a wonderful display of athleticism and sportsmanship from athletes across Australia as well as participating countries: New Zealand, Papua New Guinea, and the United States of America.

From 5th to the 11th October, 54 athletes from New South Wales competed in Athletics, 7a Side Football, Swimming, Table Tennis, Wheelchair Basketball, and Wheelchair Tennis. By the end of the competition New South Wales had won 149 medals, 61 Gold, 54 Silver and 31 Bronze.

Some noteworthy performances included: our 7a Side CP football team winning the gold medal games against Queensland with a score of 1-0. The team gave an outstanding effort and showed what true teamwork looks like. The NSW junior

wheelchair basketball team also received a medal at the Games winning the bronze medal game against Victoria, thus placing third overall but second amongst the Australian teams. The USA team won the gold medal over WA.

The NSW team should be very proud of their efforts in Melbourne at the Australian Paralympic Youth Games. On behalf of all staff at Wheelchair Sports NSW we would like to thank all of our athletes, volunteers, parents, and donors who made helped create a successful outcome for our organisation and our NSW team members. Hopefully we can do it again in 2 years!!

SYDNEY INTERNATIONAL WHEELCHAIR TENNIS OPEN FUNDRAISING EVENT



The Compulsory Third Party (CTP) Cup was held at Centennial Parklands Tennis Courts over two days 29 and 30 October 2009. Players participating in the tournament were placed into three divisions, the pink, green, and blue divisions. The arrangement of divisions was based on how a player ranked themselves as a tennis player. The pink and green divisions were those who play or have played tennis regularly, while the blue division was composed of beginners with coaching and some modified competition play offered.

The pink and green divisions played in a mixed doubles and social doubles event with 3-5 rounds offered depending on the grouping. The reward for winning the semi finals for each division was to play the final during the final round of the Sydney International Wheelchair Tennis Open on Friday 5 February at Sydney Olympic Park Tennis Centre. All players of the CTP Cup will be invited to watch as their fellow competitors compete for the right to call themselves the best tennis players in the insurance game. Come and support those who have supported our wheelchair event.

The CTP Cup was a wonderful success. The participating companies Allianz, NRMA, Stacks Goudkamp (Compensation Lawyers), AAMI, and the Motor Accidents Authority raised \$45,000 in support of the 2010 Sydney International Wheelchair Tennis Open.

Thank you again to everyone involved. We hope to see you again next year



Members of the MAA team at the inaugural CTP Cup Tennis Day



CHAIR LOANS

The chair loans policy is open to all WS NSW full members in order to provide new members with a 'push start' in a new sport. Of course, with the high demand, availability depends on our limited stock. Organisations are also now able to hire sports wheelchairs for demonstrations and programs. Please contact William Tan on 9809 5260 or williamt@wsnsw.org.au for more information regarding the chair loans policy.

ARRIVE ALIVE WHEELCHAIR SPORTS ROADSHOW



A strong finish to the year.....

The last 3 months of the calendar year are always a busy time for the Roadshow program.

The Roadshow van and presenters visited 63 schools and disability groups from October to mid December, bringing our important road safety message to where it is needed most – to young people just starting to drive.

During this 3 month period we will also be visiting the following regional areas:

Bathurst, Blue Mountains, Central Coast, Cootamundra, Goulburn, Harden, Mudgee, Swansea and Wollongong.



Roadshow's from 2009.

Left: John Wade presenting his Arrive alive message.
Above: McGrath Nichol staff attending a Corporate Roadshow, with Kylie Gauci and Tina McKenzie.
Right: John Caceres explains wheelchair basketball



I would like to thank all the Roadshow Presenters for another fabulous year. Your dedication, enthusiasm and hard work has made the program very successful and in big demand.

WS NSW EVENTS - YOU'RE INVITED





2010 SUMMER DOWN UNDER WHEELCHAIR ROAD AND TRACK RACING

Complimentary Ticket

20 January	Canberra Track Meet	AIS Track, 6:00pm
22 January	Developing Athlete Clinic	ES Marks Track, 10:00am
24 January	Sydney Track Meet	Sydney Olympic Park, 5:30pm
26 January	Oz Day 10K	Alfred St, The Rocks, 9:00am

Enquiries
Wheelchair Sports NSW
www.wsnsww.org.au P: 02 9809 5260



Proudly presented by



and sponsored by





Complimentary Ticket

The world's best wheelchair tennis players come to Sydney!

Sydney Olympic Park Tennis Centre
Wednesday 3 - Sunday 7 February 2010

Play starts daily at 9am

Enquiries
9809 5260
www.wsnsww.org.au



Proudly presented by Wheelchair Sports NSW and sponsored by



Part of the NEC Worldwide Wheelchair Tennis Tour

**Athletics****Summer Down Under**

We are coming up to the 21st Oz Day 10K wheelchair road race around the Rocks on the 26th January 2010. The Summer Down Under Series will again revert to the usual format of a Canberra track meet to complement the Sydney track meet and the Oz Day 10K.

Online Entries are now live and can be accessed by going to <http://www.wsnsw.org.au/2010-SDU-Online-Rego.html> but if you wish to receive a hardcopy entry form, please contact William Tan on 9809 5260 or williamt@wsnsw.org.au.

**Basketball****Sydney Wheelchair Basketball League Results**

Team	Won	Place (after 3 rounds)	Final Place
NSW Juniors	7	1	1
Wheelkings	4	3	2
Hills Hornets	3	4	3
Illawarra Eagles	4	2	4
Game	Team	Score	
1 v 4	NSW Juniors v Hills	50 - 32	
2 v 3	Wheelkings v Illawarra	34 - 24	
3rd Place	Hills v Illawarra	52 - 25	
Grand Final	NSW Juniors v Wheelkings	35 - 22	
Most Valuable Player	Sarah Stewart		
Highest Point Scorer	Craig Cannane		

SLAM DOWN UNDER results

Game	Team	Result
Div 1 Grand Final	Illawarra v Christchurch	Illawarra
Div 2 Grand Final	Illawarra v Rockwheelers	Illawarra
All Stars	Name	Region
Div 1	Brett Stibners	Illawarra
	Sheldon Larson	Christchurch
	Sheldon Larson	Illawarra
	Travis Moffat	Christchurch
	Colin Smith	NSW Juniors
Div 2	Luke Christie	Rockwheelers
	Maxine Belling	Queensland
	Jason Holohan	Rockwheelers
	Gemma Bucholz	Queensland
	Timor Senior	Illawarra

Women's National Wheelchair Basketball League results**National Wheelchair Basketball League results**

Best New Talent	Anne Marie Howarth - Goudkamp Gladiators	League Low Point	Abdi Jama - Perth
Highest Point Scorer	Cobi Crispin - Perth Western Stars	League Mid Point	Jon Pollack - Wenty
MVP 1 Pointer	Clare Burzynski - Perth Western Stars	League High Point	Justin Eveson - Perth
MVP 2 Pointer	Kylie Gauci - Goudkamp Gladiators	League MVP	Jon Pollack
MVP 3 Pointer	Sarah Stewart - Hills Hornets	All Star Five	Abdi Jama Jon Pollack
MVP 4 Pointer	Cobi Crispin - Perth Western Stars		Yannick Blair Justin Eveson
MVP Overall	Kylie Gauci - Goudkamp Gladiators		Troy Sachs
All Star Five	Clare Burzynski Kylie Gauci Sarah Stewart Cobi Crispin Leisl Tesch		



Handcycling



2010 National Handcycling Series

Preparations are well under way with all dates locked in for 2010:

	Dates	Location
Round 1	6-7 February	Launceston, TAS
Round 2	27-28 February	Echucha, VIC
Round 3	20-21 March	Sydney, NSW
Round 4	10-11 April	Sunshine Coast, QLD
Round 5	17-18 April	Brisbane, QLD

HANDCYCLES NEEDED

Calling all members! If you have a handcycle which is sitting around collecting dust, there are many members requiring one to try the sport. Please contact William Tan on williamt@wsnsw.org.au to help out.

Lawn Bowls



2010 NSW Multi-disability Lawn Bowls State Championships Update

The announcement of the 2010 National Lawn Bowls Championships being held in Victoria over 3-7 May has forced the NSW Multi-disability Lawn Bowls State Championships to be held prior to this event. There are a couple of locations that are being sourced by Bowls NSW and information will be forwarded to interested members as soon as possible. Also, in 2010, we look to open an online entry option for those who have access to the internet. However, there will still be paper entries available upon request.

Ryde City Bowling Club Event

Wheelchair Sports NSW, Bowls NSW and Ryde City Bowling Club worked very closely to organise an 'Inclusion Event' that was held on the 14th November. The format was an Open Mixed 2 bowls triple with Ryde City Bowling Club members making half the field and bowlers of multi-disability making up the other half.

Rugby



A NSW development team (including 2 Queenslanders) travelled to Auckland for the NZ National Championships from the 30 October to 1 November to face the best that New Zealand had to offer. In what proved to be a tough weekend, NSW managed to secure their solitary win over a determined Wellington outfit, 51-41. Wellington, went on to become National Champions for 2009 by defeating Auckland White 41-38.

Despite the results over the weekend, the players came away from a tournament with many positive lessons which will no doubt improve their rugby education for future games. Each of the New Zealand teams carried multiple New Zealand internationally capped players so it was always going to be an uphill battle.

NSW Squad

Simon Bartlett	2.0	Glenn Bennett	1.0	Andrew Edmondson	2.5	Ben Newton	2.5
Brett Ogden	1.5	Rhys Tappenden	1.5	Matthew Thompson	2.5		

In other news, NSW Gladiators Peter Allen and Ryley Batt featured in the 2009 Oceania Championships in Christchurch from the 4-8 November. The Australian "Steelers" competed against New Zealand, Japan, Korea and South Africa and overcome challenges from all-comers as they finished 1st with a 100% winning record and as such gained automatic qualification to the 2010 World Championships to be held in Vancouver from the 17-26 September.

Tennis



South Pacific Wheelchair Tennis Open (Nowra)

Men's Open Singles	Mick Connell	6/1,6/0	Men's Doubles	Mick Connell / Philip Rowe	6/2,2/6,11/9
Runner Up	Philip Rowe		Runners Up	Rick Engles / Jerry Markoja	
Mixed Reserve Singles	Luba Josevski	9-3	Mixed Reserve Doubles	Keith Dowel / Jim Chivers	6/0, 6/2
Runner Up	Mark Harris		Runners Up	Mark Harris / Stephan Rochecouste	
Junior Singles	Henry de Cure	6/0,6/2			
Runner Up	Keegan Oh-Chee				

NSW Wheelchair Tennis Open (Wollongong)

Men's Open Singles	Mick Connell	6/1, 6/4	Men's Open Doubles	Lee Hinson / Philip Rowe	1/6, 7/5, 11/9
Runner Up	Lee Hinson		Runners Up	Mick Connell / Rick Engles	
Mixed Reserve Singles	Keith Dowel	6/3, 6/1	Mixed Reserve Doubles	Keith Dowel / Jim Chivers	6/2, 6/2
Runner Up	Narelle Henderson		Runners Up	Narelle Henderson / Luba Josevski	
Junior Singles	Henry De Cure	6/2, 7/5			
Runner Up	Keegan Oh-Chee				



Newcastle Open Winners



UPCOMING EVENTS

Date	Level	Sport	Event	Venue	Contact
January					
1			New Years Day		
15 - 18		Basketball	Aust. Women's wheelchair camp		
18 - 27		Athletics	Summer Down Under	Canberra and Sydney	WS NSW - Will
19 - 22		Basketball	Australian Development Camp - Wheelchair men and women		
20 - 24		Basketball	Sunshine Coast classic		
23	International	Athletics	Summer Down Under Series - Track Event	Sydney Olympic Park, NSW	WS NSW - Will
26			Australia Day		
26	International	Athletics	OZ Day 10K	The Rocks, Sydney, NSW	WS NSW - Will
February					
3 - 7	International	Tennis	Sydney International Wheelchair Tennis Open	Sydney Olympic Park Tennis Centre	WS NSW - Jen
5 - 7		Basketball	NSW Juniors selection camp		
7	Development	Tennis	Coaching Clinic (at SIWTO)	Sydney Olympic Park, NSW	WS NSW - Jen
11 - 14		Basketball	Aust. Men's wheelchair camp		
18 - 20		Basketball	Osaka Cup		
18-20		Basketball	Albury Festival of Sport		WS NSW - David
28		Basketball	AWBL Round 1 (TBC)		WS NSW - David
March					
6		Basketball	WS NSW Junior Team / TAP camp		WS NSW - David
7		Basketball	AWBL Round 2 (TBC)		WS NSW - David
12 - 14		Basketball	Womens Festival of Wheelchair Basketball		WS NSW - David
14		Basketball	AWBL Round 3 (TBC)		WS NSW - David
19 - 21		Basketball	Australian Development Camp - Men and Women		WS NSW - David
26 - 28		Basketball	Gliders Training Camp		WS NSW - David
April					
2 - 5			Easter		
2 - 19			Term 1 holidays		
10		Basketball	WS NSW Junior Team / TAP Camp		WS NSW - David
11		Basketball	AWBL Round 4 (TBC)		WS NSW - David
13 - 17		Basketball	Under 23 Camp and Kevin Coombs Cup		WS NSW - David
26			Anzac Day		
May					
5 - 9		Basketball	Roosevelt Tournament		WS NSW - David
6 - 9		Basketball	Australian Mens Camp		WS NSW - David
14 - 16		Basketball	Gliders Norh American Cup		WS NSW - David
19 - 25		Basketball	Rolers International Tournament		WS NSW - David



**Wishing you all
a happy holiday
season with a very
Merry Christmas!**



BOARD OF DIRECTORS

Chairman

Michael Godfrey-Roberts

Deputy Chairman

Craig Jarvis

Directors

Angie Ballard

Margaret Bennett

Colin Dennis

Chris Nicholls

David Piper

Brendon Talbott

STAFF

Chief Executive Officer

Jim O'Brien

Manager – Sports

David Rose

Sports Development Officer

William Tan

Sports Development Officer

Jennifer Scattene

Regional Development Officer

Jun Kurata

Project Officers

Jeanette Smith

Kathleen Nicholls

Accounts

Karlene Jacobs / Carol Breislin

Reception/Membership Officers

Melissa Jones / Lottie Adcock

Fundraising Manager

Patrick Cameron

Fundraising Assistant & Roadshow

Coordinator

Lisa Taylor

Stadium Manager

Greg Radford

Stadium Assistants

Michael Spiteri / Lorraine Buck

LIFE MEMBERS

Michael Godfrey-Roberts

Craig Jarvis

Terry Mason

Yvonne Talbott

Jeff Wiseman

Kevin Betts (deceased)

Pushers Post Team

Coordinator – David Rose

Editor - Jim O'Brien

Design – Kathleen Nicholls

Printer – Contact and Clarendon

Wheelchair Sports NSW

Office: 600 Victoria Road Ryde 2112

PO BOX 3244 Putney 2112

Phone: 02 9809 5260

Fax: 02 9809 5638

Email: admin@wsnsw.org.au

**These dates are subject to change, please check with Wheelchair Sports NSW for updates*

For more information or enquiries call: 02 9809 5260 OR WE ARE LIVE @ www.wsnsw.org.au

Images contained in this document have been kindly provided by William A Stewart and Serena Corporate Photography and Wheelchair Sports NSW members.

The views expressed in Pushers post do not necessarily reflect the views of Wheelchair Sports NSW Inc.